

**Appendix D: Debrief sheet**

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Uncertainty is common in everyday life and sometimes leads to anxiety and stress. Despite this, uncertainty remains an understudied area in emotion and psychophysiology research. In this study we attempted to examine how people respond emotionally and physiologically to uncertainty when there is chance of negative or positive outcome. We hope by examining this we will be able to better understand uncertainty's role in emotion and psychophysiology generally, and in relation to mental health disorders. Thank you for your time and participating in this study. You can at any stage decide to withdraw your data from the study if you wish. Please do not hesitate to contact us if you have any further questions.